

Clinical	Trauma-Informed Care		
	Effective Date: 11/16/2022	Last Reviewed: 11/16/2022:	Last Revised: 11/8/2022

PURPOSE STATEMENT:

To ensure that services and programs are supportive of trauma issues and avoid re-traumatization for all elders served by the organization, based on understanding of the vulnerabilities or triggers of trauma survivors that traditional service delivery approaches may exacerbate.

POLICY STATEMENTS:

This policy applies to all staff, students, volunteers, and contractual organizations within the provider network of the organization. This includes Licensed Independent Practitioners and all subcontracted providers under contract with this organization.

The organization will create and maintain a safe, calm, and secure environment with supportive care, a system-wide understanding of trauma prevalence and impact, recovery and trauma specific services, and recovery-focused, consumer-driven services.

DEFINITIONS

Trauma: Traumatic experiences can be dehumanizing, shocking, or terrifying, singular or multiple compounding events over time, and often include betrayal of a trusted person or institution and a loss of safety. Trauma can result from experiences of violence. Trauma includes physical, sexual, or institutional abuse, neglect, intergenerational trauma, and disasters that induce powerlessness, fear, recurrent hopelessness, and a constant state of alert. Trauma impacts one’s spirituality and relationships with self, others, communities and environment, often resulting in recurring feelings of shame, guilt, rage, isolation, and disconnection.

Trauma-Informed Care: As an approach that appreciates that healing is possible, trauma-informed care engages people with histories of trauma, recognizes the presence of trauma symptoms and acknowledges the role that trauma has played in their lives. This approach seeks to shift the paradigm from one that asks, “What’s wrong with you?” to one that asks “What has happened to you?” Every part of a trauma-informed system’s organization, management, and service delivery system is assessed and potentially modified to include a basic understanding of how trauma affects the life of an individual seeking services.

GUIDELINE:

1. Standards
 - a. Early Screening and Comprehensive Assessment of Trauma
 - i. The screening and assessment process is focused on trauma-related issues to allow for the determination of a diagnosis associated with trauma, such as

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PTSD. The ongoing process allows for the gathering of new trauma-related information leading to potential changes in diagnosis as well as appropriate treatment objectives, goals, and services.

- b. Elder-Driven Care and Services
 - i. The elder’s voice and choice are represented and encouraged. Elders receive information about their rights and program opportunities, education about the impact of trauma, and exploration of options to ensure that they participate fully in making informed decisions about every aspect of their care.
 - c. Trauma-Informed Educated and Responsive Workforce
 - i. Stakeholders are educated about what it means to be a trauma-informed care organization.
2. Create Safe and Secure Environments
- a. The organization has a system in place to identify and implement policies, procedures, environmental conditions, activities, social climate, documentation, and treatment practices that promote a safe and secure environment in order to reduce the
 - b. likelihood of re-traumatization or re-victimization.

RESPONSIBLE ROLE	RESOURCE DOCUMENTS	ORIGINATION DATE	DATE REVISED	DATE REVIEWED